



Retired President, Jim Keller called the November meeting of The Marion Community Development Organization to order by reciting The Pledge of Allegiance. The meeting was held on November 12, 2019 at 8:00 a.m. at the Marion Township Building. Meeting minutes which include updates not covered at the meeting were approved as discussed.

TREASURER'S REPORT

The Treasurer's report was given by Jean Bender. Jill Nagel moved to approve the Treasurer's report. Bob Dippold seconded the motion, which was approved unanimously.

CURRENT TOTAL ASSETS **\$226,573**

Asset Allocations

Checking	\$196,696
CD's	\$16,116
Savings	\$13,761
Total Assets	\$226,573

Funding Allocations

Recreation Fund	\$14,199
General Fund – MCDO	\$29,365
Marion Soccer	\$15,194
Girls' Softball	\$11,039
ML FFA	\$21,027
ML FFA Pork Producers	\$37,407
Boys Baseball	\$20,607
Ag Ed Boosters	\$31,952
Ag Ed Scholarship	\$2,500
ML Bowling	\$88
Marion Industrial Park Association	\$7,615
Woods Chapel Maintenance Fund	\$3,688
Multi-Use Path	\$31,169
Fundamental League	\$723
Total Assets	\$226,573

COMMITTEE REPORTS

RECREATION COMMITTEE

Committee Chairperson – Brian Wolters

The weekly winners of the 301 Club are as follows:

October 14: Dale & Diane Wolters	November 4: Morris & Marlene Albers
October 21: Dan Moeller	November 11: Johnny & Linda Fleck
October 28: Joe & Karen Thobe	

MARION TOWNSHIP PARK

Committee Chairperson – Lee Heitkamp

Please follow Marion Township Park on **Facebook (Marion Township Park)** and on **Twitter (@MarionTwpPark)**. You can also contact us through email: mariontwppk@gmail.com. The Monthly Park Raffle Winners for November are:

- \$50 – Dave & Terri Kleinhenz
- \$30 – Brownie & Shirley Thobe
- \$25 – Randy & Linda Bergman
- \$25 – Ruth Feltz

MEMBERSHIP AND PROMOTION COMMITTEE

Committee Chairperson – Bob Dippold

Thank you for your continued support with the MCDO! Membership for the year is \$15.00 for a family and \$60.00 for a business. Please contact Bob Dippold (419) 305-0128 or Shannon Everman (419) 925-5707 or email to admin@marioncommunities.com if you have any questions about the status of your membership.

HEALTH, SAFETY, & EDUCATION

Committee Chairperson – Elaine Wolters

What Fats are Good for Your Body and Why

You may wonder isn't fat bad for you, but your body needs some fat from food. It's a major source of energy. It helps you absorb some vitamins and minerals. Fat is needed to build cell membranes, it is essential for blood clotting, muscle movement, and inflammation. For long-term health, some fats are better than others.

The worst type of fat is the kind known as trans fat. Trans fats have no known health benefits and there is no safe level of consumption. Therefore, they have been officially banned in the United States.

Saturated fats are common in the American diet. They are solid at room temperature—think cooled bacon grease, but what is saturated fat? Common sources of saturated fats include red meat, whole milk and other whole-milk dairy foods, cheese, coconut oil, and many commercially prepared baked goods.

Is saturated fat bad for you? A diet rich in saturated fats can drive up total cholesterol, and increase the more harmful LDL cholesterol, which prompts blockages to form in arteries in the heart and elsewhere in the body. For that reason, most nutrition experts recommend limiting saturated fat to under 10% of calories a day.

Good fats come mainly from vegetables, nuts, seeds, and fish. Healthy fats are liquid at room temperature, not solid. There are two broad categories of beneficial fats: monounsaturated and polyunsaturated fats.

Recommended sources of monounsaturated fats are olive oil, peanut oil, canola oil, avocados, and most nuts, as well as high-oleic safflower and sunflower oils.

Polyunsaturated fats are essential fats. That means they're required for normal body functions but your body can't make them. So you must get them from food. Eating polyunsaturated fats in place of saturated fats reduces LDL cholesterol and triglycerides.

Good sources of food to attain polyunsaturated fats are fatty fish such as salmon, mackerel, and sardines, flaxseeds, walnuts, canola oil, and unhydrogenated soybean oil.

A healthy diet can include the foods you love. You don't have to avoid these treats entirely, but you do need to eat less of foods that are low in nutrition and high in calories.

HOUSING

Committee Chairperson – Bob Unrast

The St. Francis housing development south of Chickasaw has six building lots available. The lots are between .381 and .711 acres starting at \$28,500 and include village water and sewage. Contact Tess Mescher for more information at 419-305-0106.

The Lochtefeld Addition in Chapel Hill still has lots available for sale. For more information, call 419-678-4384.

The Woodview Estates subdivision still has lots available for sale. For more information, please contact Jay Ruhenkamp at 937-295-4244.

Heitkamp Developers has four additional lots in Marion Acres for sale. Please contact Dan Heitkamp at 419-925-4307 for more information.

RCS Construction has lots along Washington Avenue North available for sale and new home construction. For information on all lots available for sale, please contact Randy Bruns at 419-305-1869.

AGRICULTURAL DEVELOPMENT

Committee Chairperson – Mark Hardesty

The next Ag Ed Boosters meeting is scheduled for Monday, November 18, 2019 at 8:00 p.m. in the Ag Ed Room. All are invited to attend!

OLD BUSINESS:

MULTI-USE PATH

Nick Moeller provided an update on the Marion Community Greenway Project. The Natural Resources Assistance Council (NRAC) District 13, has approved for funding the Marion Township Greenway project with a grant for \$869,500. The Township has officially received the award letter from the Ohio Public Works Commission! The Marion Township Greenway project will require local funds of \$305,500. With many generous donations already pledged, local funds committed have reached over \$195,000. The timeline for the project is projected to be 2019 Planning Phase, 2020 Land Acquisition Phase, and 2021 Construction Phase. This project would not be possible without the generosity and support of many organizations, businesses and people, all which help make this community incredible!

The Marion Community Multi-Use Path committee volunteers recently sent out the Marion Township Greenway Founders' Brick Club pledge program. Be part of the foundation of an incredible project for our community with a minimum commitment of \$100 per year for 5 years. Thank you to all those who have returned their pledges!

OTHER

The MCDO is continuing to review the feasibility of natural gas in the community. More information will be provided as it becomes available. Please feel free to contact the MCDO with any questions at infrastructure@marioncommunities.com or admin@marioncommunities.com.

The Marion Community Land Development, LLC owns 80 acres to the North of the existing Industrial Park for a Phase IV expansion of the Industrial Park. Several buyers have shown interest in the lots. The LLC is also continuing to work on the funding and construction of the infrastructure for the expansion. The goal has been updated to have a final infrastructure layout approved and out for bid to the public on November 26, 2019. For information on lots available for purchase, please contact Dan Heitkamp at 419-925-4307.

NEW BUSINESS:

The MCDO Board would like to welcome Ted Bertke as the new MCDO President. Nick Moeller made a motion to nominate Ted to fulfill the President position. Jean Bender seconded the motion which was approved unanimously. Interestingly, Ted was the very 1st President of the MCDO. Thank you to Ted for stepping forward to fill this role again!

Additionally, Nick Moeller made a motion to nominate Shannon Everman as Coordinator of the MCDO. Bod Dippold seconded the motion which was approved unanimously.

There is a CD renewal set for November 17th at Osgood State Bank. The best rate at this time is a 9-month CD renewal. Jean Bender moved to approve the renewal of the CD for the 9-month rate. Jill Nagel seconded the motion which was approved unanimously.

Finally, the MCDO Board would like to extend a very heartfelt thank you to Jim Keller for all of the time and energy he put into the MCDO the past several years. It is community-minded individuals like Jim who make a difference and continue to keep the Marion Community a great place to live! Enjoy your retirement Jim!

VILLAGE, TOWNSHIP AND SCHOOL REPORTS:

Chickasaw – No new information to report.

Chickasaw Park Board Report – For information on renting the park shelters, call Kelli Thobe at 419- 925-5810.

Osgood – No new report.

Osgood Park Board Report – For information on renting the park shelters, call Alan Wendel at 419-582-4502.

Marion Township – No new information to report.

Marion Township Park Board – For information or concerns about the park, call Ryan Stucke 419-852-5088.

Marion Local Schools – The 5-Year Budget Forecast was presented and approved. The challenge is estimating revenue sources outside of the next two years due to unknown funding from the State.

There being no further business, the meeting was adjourned at 9:00 a.m., with a motion from Bob Dippold and seconded by Nick Moeller. The next scheduled MCDO meeting is scheduled for Tuesday, December 10, 2019 at 8:00 a.m. in the Marion Township Building.

Submitted by: Ted Bertke, President

Board of Directors

Ted Bertke, President	419-852-1072
Shannon Everman, Secretary	419-925-5707
Jean Bender, Treasurer	419-925-4254
Shannon Everman, Coordinator	419-925-5707

Committee Chairpersons

Agricultural Development:	Mark Hardesty, DVM 419-925-4212
Business Retention & Dev.:	Jill Nagel 419-925-9101
Health, Safety & Education:	Elaine Wolters 419-925-4620
Housing:	Bob Unrast 419-925-4151
Infrastructure:	Nick Moeller 619-884-9958
Land Use:	Open
Membership:	Bob Dippold 419-305-0128
Recreation:	Nick Boeckman 937-638-8579



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